



Nitrous Oxide Consent

Introduction

Nitrous oxide is a colorless, slightly sweet gas that is used during dental treatment for relaxation and anxiety relief. When inhaled, it can induce feelings of euphoria and sedation. It also can produce sensations of drowsiness, warmth and tingling in the hands, feet and/or about the mouth.

In the dental setting, it will not induce unconsciousness. You will be able to swallow, talk and cough as needed.

Contraindications

Please let us know if you have any of the following medical conditions, because we may not be able to safely use nitrous oxide: congestive heart failure, chronic obstructive pulmonary disease (COPD), chronic bronchitis, emphysema, chronic asthma, bronchiectasis, pregnancy, hepatitis B or C, tuberculosis, macrocytic anemia, immune diseases, respiratory diseases, middle ear infections, or a history of substance abuse. Also, if you suffer from claustrophobia, you may choose not to use nitrous oxide.

Pre-Operative Guidelines

Nitrous oxide is administered through a nasal mask. You must be able to breathe through the nose (blocked nasal passages, colds, etc., defeat the idea of using nitrous oxide for relaxation). Avoid eating at least four hours prior to the dental appointment. Avoid caffeinated products before coming in for treatment. Nitrous oxide can cause "stomach butterflies" (nausea), which may result in vomiting. On the day of your appointment, do not take any antidepressants (unless your dentist is aware of them) or other sedatives unless prescribed by your dentist.

Instructions During Nitrous Oxide Use

Your mask must remain firmly in place during the entire period. Do not breathe through your mouth; breathe through the nose only. Notify the doctor if you are experiencing difficulty in breathing through your nose. No talking is allowed while nitrous oxide is being used. Talking blows nitrous oxide into the room, lessening the desired effect for you, and exposing the dental staff to the nitrous effects.

Post-Operative Guidelines

Recovery from nitrous oxide is rapid. The gas will be flushed from your system with oxygen. If you feel dizzy after the sedation, remain seated and the sensation should pass in a few minutes. Do not leave the office until your head feels clear and you are able to function (i.e., walk and drive) safely.

Risks of Nitrous Oxide

You may feel nauseated, dizzy, drowsy, or claustrophobic during and after the use of nitrous oxide.

Alternatives to Nitrous Oxide

You may choose not to use nitrous oxide and complete your dental treatment without any treatment for anxiety. You may be referred to a specialist for deeper sedation if you feel you require it. If your dentist feels this is an option for you, you may choose to take an oral sedative or a pill that will relieve your anxiety. This consent is valid for a period of twelve (12) months. You may withdraw your consent at any time.

I understand the previous statements and have had my questions answered.

Patient/Legal Guardian Name

Patient/Legal Guardian Signature

Date

Witness Name

Witness Signature

Date



Phone | 503-646-2273
Fax | 503-277-1535



www.drlampee.com



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Sedation Pre-Operative Care

Do Not Instructions:

- Do not eat or drink anything six hours before your appointment.
- Do not drink alcohol 24 hours prior to your appointment.
- Do not take St. John's Wort.
- Do not wear contacts.
- Do not take prescription pain medication the day of your appointment. Advil, Celebrex, Motrin, Naproxen, and Tylenol are fine.
- Do not have any grapefruit products three days prior to your appointment.

Further Instructions:

- Take your initial sedation medication as directed by Dr. Lampee.
- Have your companion drive you to the appointment.
- Wear SHORT sleeves and comfortable clothing.
- Take _____ tablet(s) of 5mg Diazepam before going to bed the night before your appointment.
- Take _____ tablet(s) of 0.25mg Triazolam 90 minutes before your appointment.

Who can make treatment decisions for you the day of your appointment?

Name

Phone Number

Sedation Post-Operative Care

Please rest today. Stay at home, relax, and do not do any arduous activity for at least 24 hours. The effects of the sedation drugs will be gone in 24–48 hours. Please have your companion drive you straight home after your appointment and stay with you. Start eating right away, and drink plenty of fluid today to rehydrate. Do not drive for at least 24 hours. If you become sick or are not feeling well, call our office immediately. Do not make major decisions for at least 24 hours.

If your Driver/Companion leaves, they MUST be within 30 minutes of the office. We MUST be able to reach them AT ALL TIMES by phone.

Driver/Companion Name

Phone Number

Driver/Companion Signature

Date

Patient Signature

Date



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